



INSPIRATIONAL WISDOM

A Collection Of Favorite Quotes
Compiled by Susan Barbara Apollon

Inspirational Wisdom

WORDS THAT INSPIRE ME

An Inspirational Collection of Favorite Quotes

Edited & Compiled by Psychologist Susan Barbara Apollon

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PREFACE

Words can be like the stars that brilliantly adorn the night sky and light up our universe - powerful, inspirational and connecting us with our greater Source. They can magically lift our spirit, shift us to a feel better feeling, while soothing and providing us with comfort, and motivate us to take the action we have thought about for so long – but have not chosen to make happen.

The interesting thing is that I so often find that it is the words that have inspired others which have become the words that inspire me. Sometime the words belong to renowned heroes of our time, and, other times, they highlight the greatness of people, like you and me, souls doing our best to live this lifetime with the best quality of life.

It is with much excitement that I share these words, in the form of quotes, with you. They represent the magical, positive, energetic forces which have helped me to create my dreams, brought me peace, uplifted my soul and deeply touched my heart. May the Truth they hold and represent align with your own personal Truth and enable you to follow your own dreams.

I offer you these precious words as an expression of my love and from my heart. Enjoy!

With Much Love,

Susan

To laugh often and much; To win the respect of intelligent people and affection of children; To earn the appreciation of honest critics and endure the betrayal of false friends; To appreciate beauty, to find the best in others; to leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; To know that even one life has breathed easier because you have lived. This is to have succeeded!

Ralph Waldo Emerson



God may not come when you call Him but He's always right on time.

Anonymous



You make a living by what you get, but you make a life by what you give.

Winston Churchill

We have a power greater inside ourselves that is greater than our biology.

Carolyn Myss



Yesterday is history. Tomorrow is a mystery. Today is a gift.

Eleanor Roosevelt



There is no way to happiness. Happiness is the way.

Wayne Dyer

Love is the widest reality. Fear,...but a narrow illusion.

Heather K. O'Hara



How beautiful it is to do nothing and then rest afterwards.

Spanish Proverb



We give comfort and receive comfort sometimes at the same time.

Anonymous

And the day came when the risk to remain tight in a bud was more painful than the risk it took to bloom.

Anais Nin



Where there is no vision, people perish.

Ralph Waldo Emerson



If you judge people, you have no time to love.

Mother Theresa

Do not go where the path may lead; Go instead where there is no path and leave a train.

Ralph Waldo Emerson



If you could raise one generation with unconditional love, there would be no war.

Elisabeth Kubler-Ross



Our self-image, strongly held, essentially determines what we become.

Maxwell Maltz

It's an irrefutable law of the universe: You always get exactly what you intend

Oprah



Tell me what you're for, and I'll show you what's going to expand in a positive way. Tell me what you're against, and I'll show you what's going to expand in a destructive way.

Wayne Dyer



Blessed are those who can give without remembering, and take without forgetting.

Elisabeth Bibesco

What you believe has more power than what you dream or wish or hope for. You become what you believe.

Oprah Winfrey



You must do the thing you think you cannot do.

Eleanor Roosevelt



It is the strand of quiet pearls which makes the gown exquisite.

Heather K. O'Hara

When we can't change the energy around us, we can change how we react to that energy.

William Hablitzel, MD



When you don't know what to do, get still. The answer will come.

Oprah Winfrey



The work will wait while you show the child the rainbow; the rainbow won't wait while you do the work.

Patricia Clafford

No one can defeat us unless we first defeat ourselves.

Dwight Eisenhower



Enthusiasm is the most important thing in life.

Tennessee Williams



The important thing is not to stop questioning. Curiosity has its own reason for existing. One cannot help but be in awe when one contemplates the mysteries of eternity, of life, of the marvelous structure of reality. It is enough if one tries merely to comprehend a little of this mystery every day."

Albert Einstein

They can because they think they can.

Virgil



Never give up trying to do what you really want to do...Where there are dreams, love and inspiration, you can't go wrong.

Ella Fitzgerald



Your weight is really an invitation to your best life...

Marianne Williamson

We write our own destiny; we become what we do.

Madame Chiang Kai-shek



Never run from anything. Never!

Winston Churchill



There is more hunger for love and appreciation in this world than for bread.

Mother Theresa

Love deeply and passionately. You might get hurt, but it's the only way to live life completely.

Anonymous



Kind words can be short and easy to speak, but their echoes are endless.

Mother Theresa



Peace is inextricably linked with our love and respect for mother earth.

Coretta Scott King

Jump and the net will appear.

Julia Cameron



There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.

Albert Einstein



The love of power is strong. The power of love is stronger.

Buddhist teacher, Taro Gold's mom

Every day brings a chance to start over.

Oprah Winfrey



Forever prosperous are we who celebrate another having what we want for ourselves.

Heather K. O'Hara



It is through the willingness to accept the wondrous and unexpected as something greater than ourselves that we allow others to find miracles, and healing, in their lives.

William Hablitzel, MD

For of all sad words, of tongues or pen, the saddest are these: It might have been.

John Greenleaf Whittier



Love and compassion eternally heal the heart of the soul.

Susan Apollon



Knowing life is short, how can we quarrel?

Buddha

When we are feeling unloved and depressed and empty inside, finding someone to give us Love is not really the solution. What is helpful is to Love someone else totally and with no expectations. That Love, then, is simultaneously given to ourselves. The other person doesn't have to change or give us anything.

Gerald Jampolsky, MD (*Love Is Letting Go of Fear*)



What is missing matters, not because it must be found, but because being gone it shapes what's here.

Unknown



The time to repair the roof is when the sun is shining.

John F. Kennedy

Since the human body tends to move in the direction of its expectations – plus or minus – it is important to know that attitudes of confidence and determination are no less a part of the treatment program than medical science technology.

Normal Cousins



Intuition is the language of dreams.

Judith Orloff, MD



If you were going to die soon and had only one phone call you could make, who would you call and what would you say? And why are you waiting?

Stephen Levine

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us.

Marianne Williamson



I keep my ideals, because in spite of everything, I still believe that people are really good at heart.

Anne Frank



We make a living by what we get, but we make a life by what we give.

Norman MacEwan

What someone did to you in the past has no power over the present.

Oprah Winfrey



Think you can; think you can't; either way, you'll be right.

Henry Ford



It does not matter what you do in life. The only thing that matters is that you do what you do with love.

Elisabeth Kubler-Ross

The world is a dangerous place, not because of those who do evil, but because of those who look on and do nothing.

Albert Einstein



What is man but his passion?

Robert Penn Warren



Light tomorrow with today!

Elizabeth Barrett Browning

When the solution is simple, God is answering.

Albert Einstein



Breath is the single most important skill for calming body and mind.

Joan Borysenko



“Let the quality you want to experience (example – peacefulness) be more important than the list of goals you want to accomplish. Wherever you are...always ask yourself, “How can this interaction be permeated with the quality I have chosen today?”

Yanni Maniates (***Magical Keys***)

While visualization is a function of imagination, vision is a function of intuition or, in some cases, direct knowing.

Michael Bernard Beckwith



Wake-up with a smile, and go after life...Live it, enjoy it, taste it, smell it, feel it.

Joe Knapp



We are made kind by being kind,

Eric Hoffer

Nothing happens until something moves.

Albert Einstein



When you experience a miracle, know that Love is present.

Susan Barbara Apollon



I am convinced that God does not play dice.

Albert Einstein

Happiness is like a butterfly: the more you chase it, the more it will elude you. But, if you turn your attention to other things, it will come and sit softly on your shoulder.

Thoreau



I guess I was wrong when I said I never promised anyone. I promised me.

Kermit



I see the gift of having MS; I am a better person for it.

Montel Williams

It is appalling and beneath our humanity to allow the torture of animals for the sake of our gluttony.

Oprah Winfrey



Start by doing what's necessary, then what's possible, and suddenly you are doing the impossible.

St. Francis of Assisi



We can't solve a problem with the same mind with which we created it.

Albert Einstein

Love is wisdom; love and wisdom are power. To love is not to have great knowledge, but to be wise. When we see true wisdom, we see love and gentleness and peace; and when we see one who has and is love, we see that one serving his fellows, never withholding, for withhold he cannot.

White Eagle



Attitude is a little thing that makes a big difference.

Winston Churchill



I can only please one person in a day. Today is not your day. Tomorrow does not look too good either.

Anonymous

The experience of Mystery strengthens us, awakens us and changes us. When a culture loses its sense of Mystery, it loses its soul.

Rachel Naomi Remen, MD



Growth itself contains the germ of happiness.

Pearl S. Buck



You get to know who you really are in a crisis. This I know for sure.

Oprah Winfrey

After all, I don't see why I am always asking for private, individual, selfish miracles when every year there are miracles like white dogwood.

Anne Morrow Lindbergh



All of the things of the universe are perfect miracles, each as profound as any.

Walt Whitman



Here's the good news: Your body believes exactly what you believe. That's also the bad news.

Christel Nani, RN. Ph.D

Loss creates a vacuum into which something greater flows.

Rick Beneteau



I love to lie in an open field looking up at the sky. One of my happiest moments of inspiration came to me many years ago as I lay on the grass, looking up at the leaves and branches of a big old tree in California. I remember feeling very much a part of everything and everyone.

Jim Henson



You can't help someone reach the top of the hill without getting closer to the top yourself.

General Norman Schwarzkopf

May these words fill your spirit, soothe your soul and bring you peace and joy, as they have for me. Enjoy!

Please feel free to share this book with your family & friends...

We would love for you to visit us at www.touchedbytheextraordinary.com and www.intuitioniseasyandfun.com - and our blog www.lovetofeelgoodblog.com for articles that warm your soul!

With Blessings of Warmth and Love,

Susan